

**Rotary**



**4th Annual**

**POLAR  
PLUNGE**



**2014**

**February 1, 2014 • Arrive by 10:45 am**  
**Enjoy Coffee, Tea, Hot Chocolate, Donuts • Bagels**  
**Plunge at 11:15 pm**  
**Cape Ann Motor Inn • 3 Rockport Road • Gloucester**

Join fellow Rotarians, Interactors, Rotaractors and friends  
brave the cold water of the Atlantic to raise money for Polio Plus.  
Last year, we raised over \$80,000 and would love to break the  
\$100,000 mark in 2014.

Raise \$2,500 individually and receive a Paul Harris Award (Limit 5)

### **EARN A FREE POLAR PLUNGE T SHIRT**

Interactors - Raise \$100 minimum

Rotarians and Friends - Raise \$500 minimum

Club with most dollars raised will be presented a Polar Plunge trophy!

Register at [www.rotary7930.org](http://www.rotary7930.org) and click on Sign Me Up as a Plunger  
You will be brought to the FundRaise.com website where you will enter  
your name, email address, goal, shirt size and club.

No on-site parking but a shuttle will be available from a remote site.

Reserve your club hotel room early.

Contact Cape Ann Motor Inn at 978-281-2900

[www.capeannmotorinn.com](http://www.capeannmotorinn.com)

Contact Bob Wood for Sponsorship Opportunities via email: [bobcwood@verizon.net](mailto:bobcwood@verizon.net)